

1 SLIGHTLY THICK*

I am on **Level 1** of thickened drinks

Please use 1 scoop of **Thick & Easy™ Clear** per 200ml of liquid

Scoop size = 1.4g.



It's time to take hydration seriously

Find out more about dysphagia

For expert information, advice, case studies and the latest developments in clinical dysphagia research call Fresenius Kabi on **01928 533 516** or email scientific-affairsUK@fresenius-kabi.com

Helping patients to stay hydrated



Fresenius Kabi are sponsors of Hydration Angels. Together we're helping to hydrate the nation.

To find out more, visit www.whatwemadef.org

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2

MILDLY THICK*

I am on **Level 2** of thickened drinks

Please use 2 scoops of **Thick & Easy™ Clear** per 200ml of liquid

Scoop size = 1.4g.



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3

MODERATELY THICK*

I am on **Level 3** of thickened drinks

Please use 3 scoops of **Thick & Easy™ Clear** per 200ml of liquid

Scoop size = 1.4g.



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4 EXTREMELY THICK*

I am on **Level 4** of thickened drinks

Please use 6 scoops of **Thick & Easy™ Clear** per 200ml of liquid

Scoop size = 1.4g.



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