

Thick & Easy™ Clear

Prescribing guide



IDDSI Level*				
	① SLIGHTLY THICK	② MILDLY THICK	③ MODERATELY THICK	④ EXTREMELY THICK
	<ul style="list-style-type: none"> Can be drunk through a straw, syringe, teat/nipple Requires a little more effort to drink than thin liquids 	<ul style="list-style-type: none"> Can be drunk through a straw Can be drunk from a cup if preferred Leaves a thin coat on the back of a spoon 	<ul style="list-style-type: none"> Cannot be drunk through a straw Can be drunk from a cup Leaves a thick coat on the back of a spoon 	<ul style="list-style-type: none"> Cannot be drunk through a straw Can not be drunk from a cup Needs to be taken with a spoon

Tins required in a month**†				
	① SLIGHTLY THICK	② MILDLY THICK	③ MODERATELY THICK	④ EXTREMELY THICK
1000 ml	2	3	5	9
1500 ml	3	5	7	14
2000 ml	3	6	9	19

Guidelines for liquids				
	① SLIGHTLY THICK	② MILDLY THICK	③ MODERATELY THICK	④ EXTREMELY THICK
Per 200 ml	1 scoop	2 scoops	3 scoops	6 scoops

*© The International Dysphagia Diet Standardisation 2016 @<http://iddsi.org//framework/>

**Number of Thick & Easy Clear tins (126 g) required per month based on average adult fluid requirements †Based on 1 month = 28 days. 1 scoop = 1.4 g

It's time to take hydration seriously

Find out more about dysphagia

For expert information, advice, case studies and the latest developments in clinical dysphagia research call Fresenius Kabi on **01928 533 516** or email scientific.affairsUK@fresenius-kabi.com

Helping patients to stay hydrated



Fresenius Kabi are sponsors of Hydration Angels. Together we're helping to hydrate the nation.

To find out more, visit www.whatwemadef.org

References

1. Food Facts home [Internet]. Bda.uk.com. 2018 [cited 29 January 2018]. Available from: <https://www.bda.uk.com/foodfacts/home>

Date of preparation: September 2018 Job code: EN01597. Thick & Easy is a trademark of Hormel Health Labs. Fresenius Kabi Ltd is an authorised user.

Distributor: Fresenius Kabi Limited, Cestrian Court, Eastgate Way, Manor Park, Runcorn, Cheshire, WA7 1NT. Tel: 01928 533 533
www.fresenius-kabi.com/gb